

INTRODUCTION

The Lower Hume Diabetes Working Group aims to improve chronic illness care for consumers with diabetes across Mitchell and Murrindindi shires (Lower Hume). The working group have a focus on enhancing relationships with local pharmacists to harness the expertise of community pharmacists and further support self-management for people with established disease.

This work has yielded numerous outcomes due to the high level engagement between local health services and community pharmacies, including the development of this resource pack. The resource pack was developed in response to feedback regarding the need for current and best practice diabetes information for pharmacy staff to pass onto consumers.

As we know diabetes affects a consumer's entire body and is contributed to by numerous factors. It makes sense that to self-manage diabetes consumers need a collaborative team of health professionals to assist them in this process. We hope that a local approach, supported by this resource pack will create a sustainable environment to enable health services and community pharmacies to progress a number of opportunities to improve local chronic illness care for their communities.

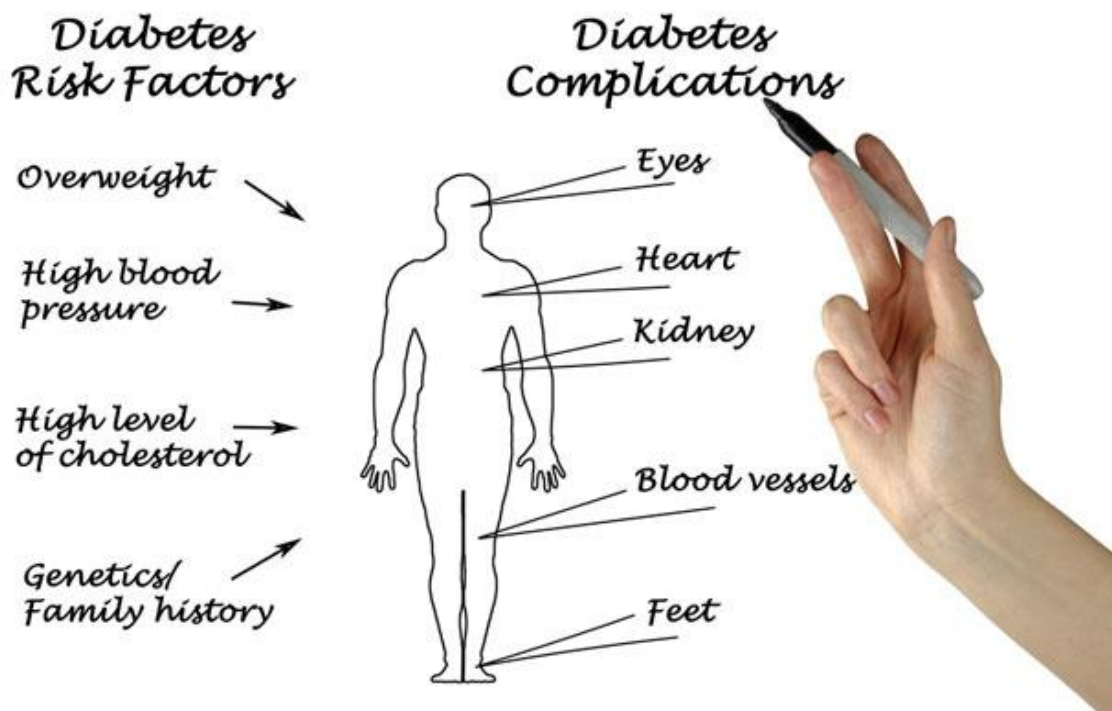


Image source: Better Healthkare, 2015, Long-term complications with diabetes, retrieved from <https://betterhealthkare.com/long-term-complications-with-diabetes/>