

# POSITIVE AGEING EXPO

**THURSDAY 17 OCTOBER 2019**

**10.00am – 1.00pm**

Come along and join in presentations, information and demonstrations provided by a range of services, communities, businesses and stallholders.

Try basket weaving, Tai Chi, therapeutic exercise, art therapy

Have your vision and hearing tested

Learn about an Age Friendly Community for Wangaratta

Learn about health solutions, end of life planning, wills, Centrelink

Transport options, care solutions, mobility equipment

Enjoy soup and sandwiches while listening to live music

**Community Accessibility** bus will be leaving every 30 minutes from 10am from Big W, Ford Street ; near shops in Phillipson Street; and 49 Vincent Road

Door to door transport available if you book with Community Accessibility. Phone: **1300 704 530**

**Showcasing health,  
lifestyle, activity &  
wellness options**

**Proactive information  
for people with  
diverse needs**

**Venue:**

**Wangaratta  
Regional  
Study Centre  
218 Tone Road  
Wangaratta**

**All enquiries to**

**1300 982 662**

**NO COST**

**NO BOOKING**

**Victorian  
Seniors  
Festival  
October  
2019**



**AGED &  
COMMUNITY  
CARE**



RURAL CITY OF  
WANGARATTA

gatewayhealth

gotafe



Charles Sturt  
University