

GOULBURN MENTAL HEALTH INITIATIVE ROADMAP

GUIDING PRINCIPLES FOR VICTORIA'S MENTAL HEALTH SYSTEM

Mental health is shaped by the social, cultural, economic and physical environments in which people live and is a shared responsibility of society.

We envisage a mental health system in which:

- The inherent dignity of people living with mental illness is respected, and necessary holistic support is provided to ensure their full and effective participation in society
- Family members and carers of people living with mental illness have their contributions recognised and supported
- Comprehensive mental health treatment, care and support services are provided on an equitable basis to those who need them and as close as possible to people's own communities – including in rural areas
- Collaboration and communication occur between services within and beyond the mental health system and all levels of government
- Responsive, high-quality, mental health services attract a skilled and diverse workforce
- People living with mental illness, their family members and carers, as well as local communities, are central to the planning and delivery of mental health treatment, care and support services
- Mental health services use continuing research, evaluation and innovation to respond to community needs now and into the future.ⁱ

INITIAL PRIORITY AREAS – March - Jun

Priority	Aim	Actions
Governance	Establishing oversight across the mental health system to coordinate and integrate safe and high-quality care.	<ul style="list-style-type: none"> • Develop clinical governance model • Formalise commitment
Consumer partnership	Partnering with people with lived experience and their families/ carers as equals in the design, delivering and monitoring of mental health programs and services. Hearing a diverse range of perspectives.	<ul style="list-style-type: none"> • Develop model, processes and structures to include people with lived experience as equal partners • Strengthen connections to community
Coordinated Communications	Developing a shared language that the community understand to communicate service availability and local needs.	<ul style="list-style-type: none"> • Develop a communication strategy • Develop shared messaging that is informed by the community

ⁱ State of Victoria, Royal Commission into Victoria's Mental Health System, Interim Report, Parl Paper No. 87 (2018-19)