

DIABETES SERVICES IN YEA



It is recommended that the following health professionals form your **Diabetes Management Team** to assist you with the support and knowledge you require to manage your diabetes. You will be at the centre of this diabetes management team along with your family and those close to you. You will still need to see your regular General Practitioner (GP) for checkups and referrals and an Endocrinologist when first diagnosed.

What	Why	Who	Referral	Cost	When	Where	Contact
Diabetes Educator	Assist with diabetes management, monitoring and latest information.	Yea and District Memorial Hospital	Not required	According to income	Tues	Station Street, Yea	03 5736 0410 www.yeahospital.org.au
Dietitian	Assist with advice regarding diabetes and diet.	Yea and District Memorial Hospital	Not required	According to income	Mon, Wed Fri.	Station Street, Yea	03 5736 0410 www.yeahospital.org.au
Exercise Physiologist and/or Physiotherapist	Assist with exercises that can reduce the risk of developing complications and/or assist with the management of complications.	Nexus Primary Health Alexandra District Health	Required for bulk billing Not required	Varies* According to income	On demand Mon - Fri	Kinglake/Seymour/Broadford/Wallan sites Cooper Street, Alexandra	1300 77 33 52 serviceaccess@nexusprimaryhealth.org.au 03 5772 0900 www.alexandrahospital.org.au
Ophthalmologist	Check for signs of eye damage as a result of diabetes.	Dr Chris Chesney	Yes	Fees and concession rates	Every second Tues & Wed	Alexandra District Health	03 5772 0900 www.alexandrahospital.org.au
Optometrist	Check for signs of eye damage as a result from diabetes.	Regional Eyecare	Not required	Bulk Billed	On demand	Station Street, Yea	03 5736 0400 www.yeahospital.org.au
Podiatrist	Check for foot complications and assist with foot care.	Daniel Wyorski Yea Podiatry Erin Papadopoulos	Not required	Fees and concession rates	Fri Mon, Wed & Thurs	Station Street, Yea	03 5736 0400 www.yeahospital.org.au 03 5736 0400 www.yeahospital.org.au
Psychologist/ Counsellor	Provide you with support and an outlet to discuss your feelings.	Community Health Counsellor	Not required	Free	Tues & Wed	Station Street, Yea	03 5736 0410 www.yeahospital.org.au

*For Nexus Primary Health Schedule of Fees go to <http://www.nexusprimaryhealth.org.au/our-services/our-fees/> .

Nexus Primary Health have limited after hours services for most services at Wallan.

Broadford Optical offers the Victorian Aboriginal and Torres Strait Islander \$10 Spectacle Subsidy.

For further information on diabetes management and prevention visit www.diabetesvic.org.au or call the free **Diabetes Victoria helpline 1300 136 588** or **Koorie Diabetes Infoline 1300 566 743**. Integrated team care – a health program for aboriginal people living with a chronic disease **03 5820 0035**.