

GOULBURN MENTAL HEALTH AND WELLBEING INITIATIVE ROADMAP

The initial Goulburn Mental Health and Wellbeing Roadmap was developed in early 2020 following the endorsement of the Lower Hume Expanded Stepped Care Model Project Plan by both the Lower Hume Primary care Partnership and the newly established Goulburn Mental Health and Wellbeing (GMHW) Steering Committee.

The Guiding Principles for Victoria's Mental Health System (below), from the Royal Commission into Victoria's Mental Health System Interim Report continue to guide the strategic roadmap for the project. The Priority Areas were reviewed in June 2021, following the June 2021 GMHW Evaluation Report and recommendations.

GUIDING PRINCIPLES FOR VICTORIA'S MENTAL HEALTH SYSTEM

Mental health is shaped by the social, cultural, economic and physical environments in which people live and is a shared responsibility of society.

We envisage a mental health system in which:

- The inherent dignity of people living with mental illness is respected, and necessary holistic support is provided to ensure their full and effective participation in society
- Family members and carers of people living with mental illness have their contributions recognised and supported
- Comprehensive mental health treatment, care and support services are provided on an equitable basis to those who need them and as close as possible to people's own communities – including in rural areas
- Collaboration and communication occur between services within and beyond the mental health system and all levels of government
- Responsive, high-quality, mental health services attract a skilled and diverse workforce
- People living with mental illness, their family members and carers, as well as local communities, are central to the planning and delivery of mental health treatment, care and support services
- Mental health services use continuing research, evaluation and innovation to respond to community needs now and into the future.ⁱ

PRIORITY AREAS – July 2021– June 2022

1. Governance
2. Consumer partnership
3. Coordinated Communications
4. Risk Management

ⁱ State of Victoria, Royal Commission into Victoria's Mental Health System, Interim Report, Parl Paper No. 87 (2018-19)