



Health Literacy Month



1 - 31 October 2021

If you're not sure, don't head for the door... ask!

Person Centred Care



Helping people make well informed decisions about their health

Person Centred Care & Informed Consent

Person Centred Care is about the best decisions for the individual person. It is care that is:

- respectful
- responsive
- focused on the needs and values of the individual
- not one size fits all... it's tailor made!

Informed Consent in healthcare means you have been:

- given clear information that you understand and can use to make decisions
- given the opportunity to ask questions if anything is not clear, before you agree (consent) to any treatment or care

Do you really understand what you are agreeing to when it comes time to make decisions about your health and care?

