

# DIABETES SERVICES IN SEYMOUR



It is recommended that the following health professionals form your **Diabetes Management Team** to assist you with the support and knowledge you require to manage your diabetes. You will be at the centre of this diabetes management team along with your family and those close to you. You will still need to see your regular General Practitioner (GP) for checkups and referrals and an Endocrinologist when first diagnosed.

What	Why	Who	Referral	Cost	When	Where	Contact
<b>Diabetes Educator</b>	Assist with diabetes control, monitoring, latest information.	Seymour Health	Required	According to income	Wednesday	Brettoneux St, Seymour	03 5735 8050 seymourhealth.org.au
		Nexus Primary Health	Required for bulk billing	Varies*	Mon & Wed	Callen St, Seymour	1300 77 33 52 sacc@nexusprimaryhealth.org.au
<b>Dietitian</b>	Assist with advice regarding diabetes and diet.	Seymour Health	Required	According to income	Monday	Brettoneux St, Seymour	03 5735 8050 seymourhealth.org.au
		Nexus Primary Health	Required for bulk billing	Varies*	Tues, Thurs	Callen St, Seymour	1300 77 33 52 sacc@nexusprimaryhealth.org.au
<b>Exercise Physiologist</b>	Assist with exercises that can reduce the risk of developing complications and/or assist with the management of complications.	Nexus Primary Health	Required for bulk billing	Varies*	Monday	Callen St, Seymour	1300 77 33 52 sacc@nexusprimaryhealth.org.au
<b>and/or Physiotherapist</b>		Seymour Health	Required	According to income	Mon-Fri	Brettoneux St, Seymour	03 5735 8050 seymourhealth.org.au
<b>Optometrist</b>	Check for signs of eye damage as a result from diabetes.	Rodney Lee	Not required	Fees and bulk billing **	6 weekly by appointment	Brettoneux St, Seymour	03 9717611
<b>Optometrist</b>	Check for signs of eye damage as a result from diabetes.	The Spectacle Site	Not required	Fees and Bulk Billing	Mon-Sat	The Mall, Seymour	03 5792 4053
<b>Podiatrist</b>	Check for foot complications and assist with foot care.	Seymour Health	Required	According to income	6 weekly by appointment	Brettoneux St, Seymour	03 5735 8050 seymourhealth.org.au
		Seymour Podiatry	Not required	Fees		Tallarook St, Seymour	03 5792 2514
		Nexus Primary Health	Required for bulk billing	Varies*	Tuesday	Callen St, Seymour	1300 77 33 52 sacc@nexusprimaryhealth.org.au
<b>Psychologist/Counsellor</b>	Provide you with support and an outlet to discuss your feelings.	Nexus Primary Health	Required for bulk billing	Varies*	Thursday	Callen St, Seymour	1300 77 33 52 sacc@nexusprimaryhealth.org.au

\*For Nexus Primary Health Schedule of Fees go to <http://www.nexusprimaryhealth.org.au/our-services/our-fees/> .

\*\*Rodney Lee offers the Victorian Aboriginal and Torres Strait Islander \$10 Spectacle Subsidy.

For further information on diabetes management and prevention visit [www.diabetesvic.org.au](http://www.diabetesvic.org.au) or call the free **Diabetes Victoria helpline 1300 136 588** or **Koorie Diabetes Infoline 1300 566 743**. Integrated team care – a health program for aboriginal people living with a chronic disease **(03) 5820 0035**.