

## DIABETES SERVICES IN YEA

It is recommended that the following health professionals form your **Diabetes Management Team** to assist you with the support and knowledge you require to manage your diabetes. You will be at the centre of this diabetes management team along with your family and those close to you. You will still need to see your regular General Practitioner (GP) for checkups and referrals and an Endocrinologist when first diagnosed.

What	Why	Who	Referral	Cost	When	Where	Contact
<b>Diabetes Educator</b>	Assist with diabetes control, monitoring, latest information.	Yea and District Memorial Hospital	Not required	According to income	Tuesday	Station Street, Yea	03 5736 0410 yeahospital.org.au
<b>Dietitian</b>	Assist with advice regarding diabetes and diet.	Yea and District Memorial Hospital	Not required	According to income	Tues, Wed Thurs.	Station Street, Yea	03 5736 0410 yeahospital.org.au
<b>Exercise Physiologist and/or Physiotherapist</b>	Assist with exercises that can reduce the risk of developing complications and/or assist with the management of complications.	Nexus Primary Health	Required for bulk billing	Varies*	On demand	Kinglake/Seymour/Broadford/Wallan sites	1300 77 33 52 sacc@nexusprimaryhealth.org.au
<b>Ophthalmologist</b>		Alexandra District Health	Not required	According to income	Mon-Fri	Cooper Street, Alexandra	03 5772 0900 alexandrahospital.org.au
<b>Ophthalmologist</b>	Check for signs of eye damage as a result of diabetes.	Dr Chris Chesney	Yes	Fees and concession rates	Every second Tues and Wed	Alexandra District Health	03 5772 0900 alexandrahospital.org.au
<b>Optometrist</b>	Check for signs of eye damage as a result from diabetes.	Regional Eyecare	Not required	Bulk Billed	On demand	Station Street, Yea	03 5736 0400 yeahospital.org.au
<b>Podiatrist</b>	Check for foot complications and assist with foot care.	Daniel Wyorski	Not required	Fees and concession rates	Friday	Station Street, Yea	03 5736 0400 yeahospital.org.au
		Yea Podiatry Erin Papadopoulos			Mon, Wed and Thurs		03 5736 0400 yeahospital.org.au
<b>Psychologist/Counsellor</b>	Provide you with support and an outlet to discuss your feelings.	Community Health Counsellor	Not required	Free	Tues and Wed	Station Street, Yea	03 5736 0410 yeahospital.org.au

\*For Nexus Primary Health Schedule of Fees go to <http://www.nexusprimaryhealth.org.au/our-services/our-fees/> .

Broadford Optical offers the Victorian Aboriginal and Torres Strait Islander \$10 Spectacle Subsidy.

For further information on diabetes management and prevention visit [www.diabetesvic.org.au](http://www.diabetesvic.org.au) or call the free **Diabetes Victoria helpline 1300 136 588** or **Koorie Diabetes Infoline 1300 566 743**. Integrated team care – a health program for aboriginal people living with a chronic disease **(03) 5820 0035**.