

DIABETES SERVICES IN SEYMOUR

It is recommended that the following health professionals form your **Diabetes Management Team** to assist you with the support and knowledge you require to manage your diabetes. You will be at the centre of this diabetes management team along with your family and those close to you. You will still need to see your regular General Practitioner (GP) for checkups and referrals and an Endocrinologist when first diagnosed.

What	Why	Who	Referral	Cost	When	Where	Contact
Diabetes Educator	Assist with diabetes management, monitoring and latest information.	Seymour Health	Required	According to income	Wed	Brettoneux Street, Seymour	03 5735 8050 www.seymourhealth.org.au
		Nexus Primary Health	Required for bulk billing	Varies*	Mon - Fri	22 Emily Street, Seymour	1300 773 352 serviceaccess@nexusprimaryhealth.org.au
		Seymour Medical Clinic	Not required for patients of Seymour Medical Clinic	No cost to patients from Seymour Medical Clinic	Mon - Fri (excluding every 2 nd Fri)	30-32 Anzac Avenue, Seymour	03 5792 1222
Dietitian	Assist with advice regarding diabetes and diet.	Seymour Health	Required	According to income	Mon	Brettoneux Street, Seymour	03 5735 8050 www.seymourhealth.org.au
		Nexus Primary Health	Required for bulk billing	Varies*	Mon - Fri	22 Emily Street, Seymour	1300 773 352 serviceaccess@nexusprimaryhealth.org.au
Exercise Physiologist and/or Physiotherapist	Assist with exercises that can reduce the risk of developing complications and/or assist with the management of complications.	Nexus Primary Health	Required for bulk billing	Varies*	Mon - Fri	22 Emily Street, Seymour	1300 773 352 serviceaccess@nexusprimaryhealth.org.au
		Seymour Health	Required	According to income	Mon - Fri	Brettoneux Street, Seymour	03 5735 8050 www.seymourhealth.org.au
Optometrist	Check for signs of eye damage as a result from diabetes.	Rodney Lee	Not required	Fees and bulk billing **	6 weekly by appointment	Brettoneux Street, Seymour	03 9717611
Optometrist	Check for signs of eye damage as a result from diabetes.	The Spectacle Site	Not required	Fees and Bulk Billing	Mon - Sat	The Mall, Seymour	03 5792 4053
Podiatrist	Check for foot complications and assist with foot care.	Seymour Health	Required	According to income	6 weekly by appointment	Brettoneux Street, Seymour	03 5735 8050 www.seymourhealth.org.au
		Seymour Podiatry	Not required	Fees	Tuesday	Tallarook Street, Seymour	03 5792 2514
		Nexus Primary Health	Preferred, but not required	Varies*	Mon – Fri	22 Emily Street, Seymour	1300 773 352 serviceaccess@nexusprimaryhealth.org.au
		Step Forward Podiatry	Referral from GP	No cost with referral	Mon - Thurs	32 Anzac Avenue, Seymour	03 5792 1222
Psychologist/ Counsellor	Provide you with support and an outlet to discuss your feelings.	Nexus Primary Health	Required for bulk billing	Varies*	Thurs	22 Emily Street, Seymour	1300 773 352 serviceaccess@nexusprimaryhealth.org.au
Social Worker	Help with social, emotional and financial demands of your healthcare	Seymour Health	Required	Cost according to income	Tues, Thurs & every 2nd Wed	Brettoneux St, Seymour	03 5735 8050 www.seymourhealth.org.au

*For Nexus Primary Health Schedule of Fees go to <http://www.nexusprimaryhealth.org.au/our-services/our-fees/>.

Nexus Primary Health have limited after hours services for most services at Wallan.

Rodney Lee offers the Victorian Aboriginal and Torres Strait Islander \$10 Spectacle Subsidy. For further information on diabetes management and prevention visit www.diabetesvic.org.au or call the free **Diabetes Victoria helpline 1300 136 588 or **Koorie Diabetes Infoline 1300 566 743**. Integrated team care – a health program for aboriginal people living with a chronic disease **03 5820 0035**.