



DOMAIN 1: VICTORIANS ARE HEALTHY AND WELL

Compared with state average **people living in Lower Hume were less likely to:**

- Rate their health as very good or excellent
- Participate in organised sport
- Meet fruit and vegetable guidelines (children)
- Walk or cycle to get around

and were **more likely to:**

- Have high/very high psychological distress
- Have a physically demanding job
- Drink alcohol at risk of harm
- Consume sugar sweetened beverages daily
- Be above the healthy weight range
- Ever drank alcohol or smoked (young people)

Throughout Victoria those **with lower household income were more likely to:**

- Have type 2 diabetes
- Rate their health poorly
- Have 2 or more chronic conditions
- Smoke cigarettes
- Be diagnosed with depression and/or anxiety
- Not meet physical activity guidelines
- Not meet fruit & vegetable guidelines (females)
- Be above the healthy weight range (females)

Throughout Victoria **Aboriginal and Torres Strait Islander people were more likely to:**

- Smoke cigarettes during pregnancy
- Have high/very high psychological distress
- Have type 2 diabetes
- Have depression and/or anxiety
- Be admitted to hospital for dental problems (children)
- Not meet physical activity guidelines
- Consume discretionary foods & soft drinks
- Have a body weight above the healthy range
- Smoke cigarettes

Similar to state average but **still needs improving:**

- The proportion of people meeting fruit and vegetable guidelines
- The proportion of people smoking cigarettes, especially during pregnancy
- The proportion of mothers drinking alcohol during pregnancy



DOMAIN 2: VICTORIANS LIVE FREE FROM VIOLENCE & ABUSE

Compared with state average in **Lower Hume there were higher rates of:**

- Substantiated child abuse
- Family violence incidents with children involved
- Sexual offences
- Hospitalisation due to external causes

Aboriginal and Torres Strait Islander people throughout Victoria experienced higher rates of:

- Substantiated child abuse
- Children in out of home care
- Hospitalisation due to assault
- Homelessness



DOMAIN 3: VICTORIANS HAVE THE CAPABILITIES TO PARTICIPATE

Compared with state average **people living in Lower Hume were less likely to:**

- Be developmentally on track at school entry
- Study fulltime (young people)
- Undertake a bachelor degree
- Plan or intend to complete tertiary education
- Have a high total household income

Throughout Victoria **Aboriginal and Torres Strait Islander people were more likely to:**

- Be developmentally vulnerable at school entry
- Experience financial stress

and **less likely** to complete tertiary education.



DOMAIN 4: VICTORIANS ARE CONNECTED TO CULTURE & COMMUNITY

Compared with state average **people living in Lower Hume were less likely to:**

- Be involved in a religious group
- Have a trusted adult in their lives (young people)
- Feel valued by society
- Think that multi-culturalism makes life in their community better

Throughout Victoria a high proportion of Aboriginal and Torres Strait Islander people felt they had been unfairly treated because they were Aboriginal and/or Torres Strait Islander.



DOMAIN 5: VICTORIA IS LIVEABLE

Compared with state average **people living in Lower Hume were more likely to:**

- Have at least one motor vehicle
- Drive to work
- Experience socioeconomic disadvantage
- Get food poisoning
- Feel safe walking alone after dark
- Participate in citizen engagement
- Have lower house prices
- Experience heatwaves